

LUNCH DINNER



SALADS & BOWLS

Bowl for the Soul

Protein Choice: Grilled Chicken Fajitas, Carnitas, Shredded Beef. \$16.99
Upgrade to: Picanha \$24.99

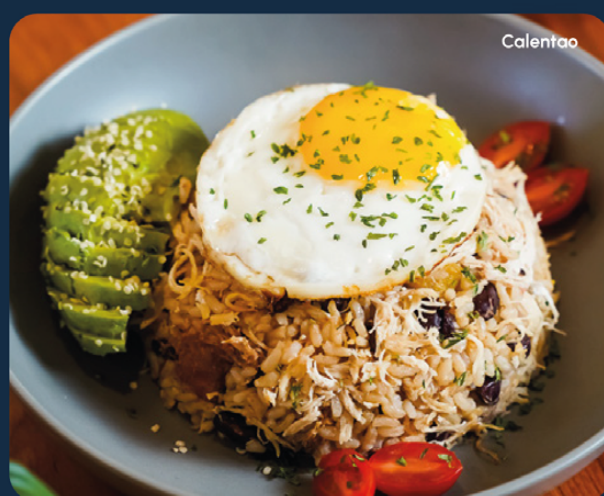
Served on a bed of mixed greens topped with brown rice-quinoa, black beans, cherry tomatoes, pico de gallo, guacamole and balsamic dressing on the side.



Calentao*

Protein Choice: Chicken Fajitas, Carnitas, Shredded Beef

A mix of brown rice-quinoa, sweet plantains and black beans. Topped with an over easy egg. Served with sliced avocado and cherry tomatoes on the side. \$16.50



Protein Salad

Protein Choice: Chicken Fajitas \$15.99 | Picanha \$23.99

Mixed greens, poblano corn, shredded carrots, cherry tomatoes, sliced avocado and hemp seeds. Served with garlic-cilantro lime dressing on the side.



PRESSED SUBS

Pick between your choice of mixed greens or potato chips.

Upgrade to: Plantain strips \$1

Cuban

Carnitas, ham, cheese blend, pickles, mustard and mayonnaise. \$16.99

Pesto Chicken

Grilled chicken fajitas, Pesto-Basil sauce, tomato and mozzarella cheese. \$16.99



Note: Our Mixed Green Salad contains gluten and is not suitable for gluten-free diets. If you have a gluten intolerance or sensitivity please advise our cashiers. We would recommend opting for potato chips or plantain strips.

AREPAS

Pick between your choice of mixed green salad or potato chips.

Upgrade to: Plantain strips \$1

Steak

Filled with picanha, Queso de Freir cheese, tomato and guacamole. \$22.99

Caribbean

Filled with shredded beef, sweet plantain, black beans and sliced avocado. \$17.50

Chicken and Avocado

Filled with shredded chicken, avocado and mayonnaise. \$17.50

Veggie

Filled with Queso de Freir cheese, tomato and sliced avocado. \$17.50



 Allergy advice: This product contains peanuts and may contain traces of other nuts and seeds.

 Gluten free

 Vegan

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of food borne illness, especially if you have certain medical conditions.